

SACRED HOUSE PRODUCT GUIDE



Our product guide showcases a range of carefully curated offerings that are designed to nurture your soul and bring balance to your life.

OUR STORY

Sacred Balance Philosophy, at Sacred House, we understand the profound connection between **physical, emotional, and spiritual wellness**. Our Sacred Balance philosophy centers on the belief that true health is achieved when all aspects of the self are in harmony. Each product in our collection is thoughtfully chosen to align with this vision, bringing you a unique blend of natural remedies and spiritual tools.



OUR PRODUCTS



HERBAL TEAS BLENDS AND TINCTURES

Our collection of handcrafted teas and tinctures blend the finest organic herbs, spices, and botanicals. These blends are crafted to restore balance, reduce stress, and promote overall well-being. Harness the potent essence of medicinal plants with our meticulously prepared blends and tinctures.

SACRED SKINCARE RITUALS

Nourish your skin with our exclusive line of Sacred Skincare Rituals. Infused with natural ingredients and infused with ancient beauty secrets,



HERBAL SUPPLEMENTS

Support your overall well-being with our herbal supplements, created with the wisdom of traditional herbal medicine. Discover a holistic approach to health through our selection of capsules and powders designed to nurture your body from within.

MEDITATION AND RITUAL TOOLS

Create sacred spaces and enhance your spiritual practices with our selection of meditation and ritual tools. From sage bundles and palo santo sticks to ritual kits, our offerings are designed to aid you on your journey of self-discovery and mindfulness.



SPIRITUAL BOOKS AND JOURNALS

Expand your knowledge and embark on a path of self-discovery with our handpicked selection of spiritual books and journals. Delve into ancient wisdom, mindfulness practices, and guided meditations to deepen your understanding of the sacred journey towards balance.

HERBAL BLENDS AND TINCTURES

PRODUCTS	DESCRIPTION	HOW TO USE
<p>SMOKERS BLEND TEA</p>	<p>This carefully curated blend combines the cleansing properties of mullein, refreshing peppermint, soothing marshmallow, clarifying rosemary, and invigorating ginger. Sip on this rejuvenating infusion to help detoxify and support the health of smokers' lungs. Experience the gentle yet powerful effects of Smokers Blend as it helps clear the airways, promote respiratory wellness, and provide a refreshing boost to your overall lung health. Embrace a natural approach to support your lungs and embark on a journey of revitalization with Smokers Blend.</p>	<p>Place 1-2 tsp in 10 oz hot water, covered for 10 minutes.</p>
<p>IMMUNI-TEA</p>	<p>This exceptional blend combines the immune-enhancing properties of dandelion, echinacea, and burdock with the refreshing essence of peppermint, calming chamomile, and invigorating lemongrass. Sip on this harmonious infusion to nourish and strengthen your body's natural defense mechanisms. Experience the revitalizing flavors and powerful herbal synergy of ImmuniTea as you embrace a proactive approach to supporting your immune system. Let nature's healing power empower your well-being and protect you against common ailments.</p>	<p>Place 1-2 tsp in 10 oz hot water, covered for 10 minutes.</p>
<p>CLARI-TEA</p>	<p>This exceptional blend combines the cognitive-boosting ashwagandha, refreshing peppermint, stimulating ginger root, and the calming influence of holy basil. Carefully crafted to promote mental clarity, sharpness, and focus.</p>	<p>STEEP 1-2 TSP IN 10 OZ HOT WATER, COVERED FOR 10 MINUTES.</p>

HERBAL BLENDS AND TINCTURES

PRODUCTS	DESCRIPTION	HOW TO USE
<p>NERVE EASE NERVOUS SYSTEM</p>	<p>This carefully curated blend combines the calming properties of skullcap, agrimony, catnip, and oat straw with the refreshing notes of lemon balm and lemongrass and a hint of invigorating ginger root. Sip on this harmonious infusion to promote relaxation, soothe the central nervous system, and support overall well-being. Nourish your mind and body with the gentle yet powerful benefits of our herbal tea, designed to help you find balance and tranquility in the midst of a hectic world.</p>	<p>PUT 4-5 TBS IN A QUART JAR, POUR BOILING WATER OVER HERBS AND LET STEEP OVERNIGHT. DRINK 2-3 CUPS PER DAY FOR 8-12 WEEKS.</p>
<p>POSITIVI-TEA NATURAL SUPPORT FOR DEPRESSION</p>	<p>Crafted with care, this unique blend combines the revitalizing eleuthero root, refreshing peppermint, brain-boosting ginkgo, heart-nourishing hawthorn berry, calming chamomile, and mood-enhancing St. John's Wort. Sip on this harmonious infusion to support a positive mood, boost mental well-being, and promote inner balance. Let the soothing aroma and gentle flavors of our tea uplift your spirits and provide a comforting moment of self-care. Experience the power of nature as you embark on your journey towards emotional wellness.</p>	<p>STEEP 1 TSP IN 10 OZ HOT WATER, COVERED FOR 10 MINUTES.</p>
<p>FLU FIGHTER NATURAL DEFENSE AGAINST THE FLU</p>	<p>This exceptional blend combines the soothing properties of chamomile flower and lemon balm with the immune-boosting benefits of rose hips, boneset, and yarrow flower. Sip on this comforting infusion to support your body's natural defense mechanisms and help fight off the flu. Experience the revitalizing flavors and potent herbal synergy of FluGuard as you embrace a proactive approach to flu prevention and overall well-being. Let nature's healing power keep you strong and resilient during flu season.</p>	<p>PLACE 1-2 TSP IN 10 OZ HOT WATER, COVERED FOR 10 MINUTES</p>

PRODUCTS	DESCRIPTION	HOW TO USE
<p>YUBA GOLD</p>	<p>Step into a world of relaxation and natural pleasure with Yuba Gold Herbal Smoke Blend. Crafted with care and a perfect blend of Damiana, Skullcap, Lobelia, Spearmint, and Passionflower, this organic loose-leaf mixture provides a delightful smoking experience reminiscent of certain recreational herbs, without any synthetic ingredients or tobacco.</p>	<p>THIS SMOKE BLEND CAN BE USED AS ANY OTHER SMOKABLE HERB.</p>
<p>YONI BLISS BLIND YONI STEAM</p>	<p>Herbal Steam for Holistic Vaginal Health. This carefully crafted blend features a harmonious combination of rose petals, lavender, calendula, chamomile, yarrow flower, and rosemary. Indulge in a deeply nourishing and revitalizing experience as the steam gently envelopes your intimate area. Designed to promote overall vaginal health, our Yoni Bliss blend aims to soothe, cleanse, and balance while providing a serene moment of self-care.</p>	<p>USE 1/4 CUP OF YONI BLISS PER 8 CUPS OF WATER</p>
<p>WELL WOMB TEA PERIOD SUPPORT</p>	<p>This carefully crafted blend combines the nourishing red raspberry and red clover, soothing chamomile, detoxifying dandelion and nettle, nutrient-rich alfalfa, purifying burdock root, refreshing peppermint, gentle cascara sagrada, and vibrant hibiscus. Sip on this comforting infusion to provide relief and support during your menstrual cycle. Experience the harmonizing benefit as it nurtures your body, promotes balance, and eases discomfort.</p>	<p>PLACE 1-2 TSP IN 10 OZ HOT WATER, COVERED FOR 10 MINUTES</p>
<p>PRE GAME FOR MEN MALE VITALITY</p>	<p>Elevate your vitality and embrace a renewed sense of energy with our Pregame Tincture for Men. Crafted with a potent blend of natural ingredients, this tincture is designed to enhance male performance and provide comprehensive support. Infused with time-honored herbs and botanicals, our formula aims to invigorate your stamina, promote healthy circulation, and ignite your inner confidence.</p>	<p>SHAKE WELL. PLACE 1-2 FULL DROPS UNDER TONGUE FOR ABOUT 30-60 SECONDS.</p>

PRODUCTS	DESCRIPTION	HOW TO USE
<p>FEVER EASE KIDS</p>	<p>This thoughtfully crafted tea blend combines the healing properties of yarrow flower, cooling peppermint, immune-boosting echinacea root, fever-reducing boneset, and soothing licorice. Designed to provide natural relief during fevers, FeverEase Kids offers a comforting and effective solution. Soothe your child's discomfort and support their recovery with this safe and nourishing blend. Embrace the power of herbal remedies and help your little one find comfort and ease during times of fever.</p>	<p>PLACE 1-2 TSP IN 10 OZ HOT WATER, COVERED FOR 10 MINUTES. IF YOUR CHILD IS NOT A FAN OF TEA, TRY OFFERING 1-2 OUNCES A TIME</p>
<p>LIFT MY SPIRITS FOR EMOTIONAL WELLBEING</p>	<p>This exquisite blend combines the bright and soothing lemon balm, calming skullcap, uplifting orange peel, mood-enhancing St. John's Wort, invigorating damiana, and vibrant hibiscus. Sip on this harmonious infusion to elevate your spirits, promote a positive mindset, and awaken your senses. Experience a gentle boost of joy and vitality as you nourish your emotional well-being/</p>	<p>STEEP 1-2 TSP IN HOT WATER, COVERED FOR 10 MINUTES</p>
<p>WISE WOMBMAN TEA</p>	<p>This carefully formulated blend combines the mineral-rich alfalfa and nettle, nutrient-packed comfrey and catnip, hormone-supporting fennel seed, harmonizing sage, invigorating ginger, and balancing licorice root. Sip on this harmonious infusion to help maintain essential minerals and nutrients during the menopause transition. Embrace the natural support, balance and well-being during this transformative phase of life.</p>	<p>PLACE 4-5 TBS IN A QUART JAR AND POUR BOILING WATER OVER HERBS AND FILL THE JAR. LET STEEP OVERNIGHT AND STRAIN THE HERBS. DRINK 1-3 CUPS A DAY</p>
<p>FUSSY BABY BLEND BLEND FOR OVER EXCITED CHILDREN</p>	<p>This gentle and comforting blend combines the relaxing properties of catnip, chamomile, and lemon balm. Specially formulated to help calm over-excited children, Tranqui-Tea offers a natural and nurturing way to promote a sense of relaxation and tranquility. Soothe restlessness and create a peaceful atmosphere with this delightful herbal infusion. Embrace the power of nature to support your child's well-being and help them find a moment of calm amidst the excitement of the day.</p>	<p>STEEP 1-2 TSP IN 10 OZ HOT WATER, COVERED FOR 10 MINUTES.</p>

PRODUCTS	DESCRIPTION	HOW TO USE
<p>NO MORE DRAMA DROPS BLOSSOM BALANCE EMOTIONAL SUPPORT FOR WOMEN CYCLE</p>	<p>Blossom Balance is a blend of flower essences created to provide emotional support for women's cycle. This unique blend of flower essences combines the nurturing properties of cherry plum, the uplifting qualities of mustard, the calming spirit of impatiens, and the harmonizing energy of beech. Addressing emotional imbalances and promoting inner balance, our product aims to bring a sense of calm, stability, and emotional harmony during this time.</p>	<p>TAKE 4 DROPS 4 TIMES A DAY AS NEEDED</p>
<p>MORNING BLEND WAKE UP TEA</p>	<p>Start your mornings with a refreshing and invigorating experience as you embrace the delightful harmony of flavors in our Rise & Shine Herbal Tea Blend. Carefully curated to awaken your senses and revitalize your spirit, this unique blend features a harmonious fusion of Yerba Mate, Spearmint, Agrimony, and Hibiscus, each contributing its own special touch to create a truly remarkable tea.</p>	<p>STEEP 1-2 TSP IN 10 OZ HOT WATER, COVERED FOR 10 MINUTES</p>
<p>EVENING BLEND SLEEPY TIME TEA</p>	<p>This exquisite blend combines the soothing qualities of catnip, skullcap, and passionflower with the serene essence of chamomile, delicate rose petals, fragrant lavender, and the gentle relaxation of hops flowers. Indulge in this harmonious infusion to unwind and prepare for a restful night's sleep. Let the tranquility of Nightfall envelop your senses as you savor each sip, creating a serene and peaceful evening ritual. Embrace the soothing power of nature and drift into a state of blissful relaxation with Nightfall.</p>	<p>STEEP 1-2 TSP IN 10 OZ HOT WATER, COVERED FOR 10 MINUTES</p>
<p>MO-TEA-VATION</p>	<p>This captivating blend combines the refreshing notes of peppermint and spearmint with the brain-boosting properties of rosemary and ginkgo. Enhanced with the uplifting essence of lemongrass and the stimulating effects of damiana, Motivation Tea is designed to ignite your motivation and inspire your journey. With each sip, feel a surge of energy and renewed focus, empowering you to tackle challenges and pursue your goals with enthusiasm. Embrace the power of Motivation Tea and let its energizing blend propel you towards greatness.</p>	<p>STEEP 1-2 TSP IN OZ HOT WATER, COVERED FOR 10 MINUTES</p>

PRODUCTS	DESCRIPTION	HOW TO USE

SACRED SKIN AND HAIRCARE RITUALS

PRODUCTS	DESCRIPTION	HOW TO USE
REVIVE FACE MIST	This delightful spritzer combines the uplifting aromas of wild orange, basil, and rosemary essential oils with the hydrating and refreshing properties of distilled water. Experience an instant awakening as you spritz ReviveMist onto your face, allowing the revitalizing scents to awaken your senses and energize your mind. Embrace the rejuvenating power of nature and start your day with a burst of freshness and vitality. Let ReviveMist be your go-to companion for a quick pick-me-up whenever you need it.	SPRAY THE FACE OR AROUND THE HEAD AS NEEDED
CALMING OIL		
ORGANIC BUG BE GONE	COMING SOON!	
HAIR GROWTH. ELIXER		

HERBAL SUPPLEMENTS

PRODUCTS	DESCRIPTION	HOW TO USE
<p>NO MORE CRAMP CAPS</p>	<p>This carefully curated blend combines the cleansing properties of mullein, refreshing peppermint, soothing marshmallow, clarifying rosemary, and invigorating ginger. Sip on this rejuvenating infusion to help detoxify and support the health of smokers' lungs. Experience the gentle yet powerful effects of Smokers Blend as it helps clear the airways, promote respiratory wellness, and provide a refreshing boost to your overall lung health. Embrace a natural approach to support your lungs and embark on a journey of revitalization with Smokers Blend.</p>	<p>PLACE 1-2 TSP IN 10 OZ HOT WATER, COVERED FOR 10 MINUTES.</p>
<p>SUPERMAN</p>		
<p>SUPER WOMAN</p>		
<p>CELL CLEANSE CAPS</p>		

JOURNALS AND BOOKS

PRODUCTS	DESCRIPTION	HOW TO USE
<p>SACRED KITCHEN</p>	<p>This carefully curated blend combines the cleansing properties of mullein, refreshing peppermint, soothing marshmallow, clarifying rosemary, and invigorating ginger. Sip on this rejuvenating infusion to help detoxify and support the health of smokers' lungs. Experience the gentle yet powerful effects of Smokers Blend as it helps clear the airways, promote respiratory wellness, and provide a refreshing boost to your overall lung health. Embrace a natural approach to support your lungs and embark on a journey of revitalization with Smokers Blend.</p>	<p>Place 1-2 tsp in 10 oz hot water, covered for 10 minutes.</p>
<p>SACRED WOMB</p>		
<p>EASY VEGAN COOKBOOK</p>		
<p>SACRED WOMBAN JOURNAL</p>		

MEDITATION AND RITUAL. TOOLS

PRODUCTS	DESCRIPTION	HOW TO USE
<p>SAGE BUNDLES</p>	<p>This carefully curated blend combines the cleansing properties of mullein, refreshing peppermint, soothing marshmallow, clarifying rosemary, and invigorating ginger. Sip on this rejuvenating infusion to help detoxify and support the health of smokers' lungs. Experience the gentle yet powerful effects of Smokers Blend as it helps clear the airways, promote respiratory wellness, and provide a refreshing boost to your overall lung health. Embrace a natural approach to support your lungs and embark on a journey of revitalization with Smokers Blend.</p>	<p>Place 1-2 tsp in 10 oz hot water, covered for 10 minutes.</p>
<p>B*** BE GONE SPRAY SPACE CLEARER</p>	<p>This dynamic blend combines the purifying essence of river water, the traditional energy-clearing properties of Florida water, and the uplifting aroma of lemon essential oil. Infused with the cleansing energy of a rosemary sprig, Bitch Be Gone offers an effective solution to clear negative energies and create a harmonious atmosphere. Simply spritz this invigorating spray to dispel negativity and reclaim your space with positive vibes. Embrace the transformative power of Bitch Be Gone and welcome a renewed sense of balance and positivity into your surroundings.</p>	
<p>REIKI INFUSED CANDLES</p>		

HERBAL BLENDS AND TINCTURES

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HERBAL BLENDS AND TINCTURES

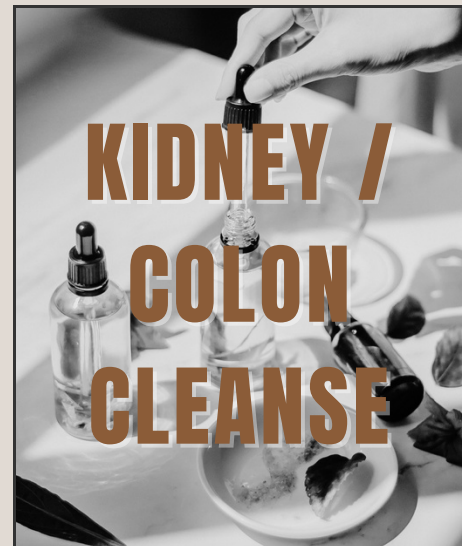
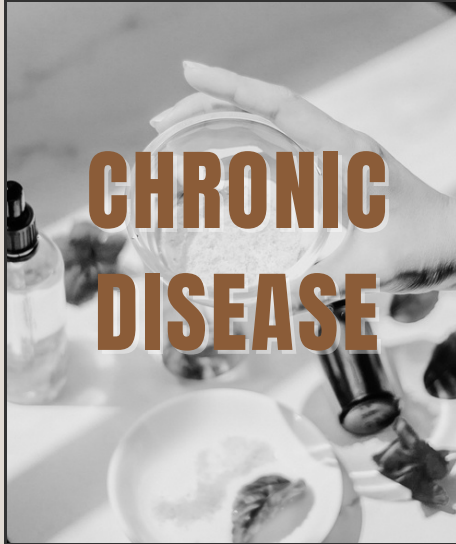
PRODUCTS	DESCRIPTION	HOW TO USE
<p>NO MORE DRAMA DROPS</p>	<p>This carefully curated blend combines the cleansing properties of mullein, refreshing peppermint, soothing marshmallow, clarifying rosemary, and invigorating ginger. Sip on this rejuvenating infusion to help detoxify and support the health of smokers' lungs. Experience the gentle yet powerful effects of Smokers Blend as it helps clear the airways, promote respiratory wellness, and provide a refreshing boost to your overall lung health. Embrace a natural approach to support your lungs and embark on a journey of revitalization with Smokers Blend.</p>	<p>Place 1-2 tsp in 10 oz hot water, covered for 10 minutes.</p>
<p>ELDER BERRY SYRUP</p>		
<p>PREGAME TINCTURE FOR MEN</p>		

HERBAL SUPPLEMENTS

PRODUCTS	DESCRIPTION	HOW TO USE
<p>NO MORE CRAMP CAPS</p>	<p>This carefully curated blend combines the cleansing properties of mullein, refreshing peppermint, soothing marshmallow, clarifying rosemary, and invigorating ginger. Sip on this rejuvenating infusion to help detoxify and support the health of smokers' lungs. Experience the gentle yet powerful effects of Smokers Blend as it helps clear the airways, promote respiratory wellness, and provide a refreshing boost to your overall lung health. Embrace a natural approach to support your lungs and embark on a journey of revitalization with Smokers Blend.</p>	<p>Place 1-2 tsp in 10 oz hot water, covered for 10 minutes.</p>
<p>SUPERMAN</p>		
<p>SUPER WOMAN</p>		
<p>CELL CLEANSE CAPS</p>		

WE ALSO OFFER

CUSTOM BLENDS AND CONSULTATIONS



FOR MORE HELP CONTACT A STORE ASSOCIATE!